



### **Professional Football Vacancy – Women’s First Team**

<b>Job Title</b>	Women’s First Team Sport Scientist
<b>Department</b>	Football
<b>Location</b>	Edinburgh – Heart’s Football Academy (Oriam, Scotland’s Sports Performance Centre)
<b>Salary &amp; Hours</b>	£7,500 pro-rata per annum (£18,750 FTE) plus excellent staff benefits
<b>Position</b>	Part-time, 15 hours per week (including evenings and weekend work)
<b>Closing Date</b>	15 July 2022
<b>Reporting to</b>	Head of Academy Performance

The Women’s First Team Sport Scientist will lead a programme of sport science support services including on-pitch and gym-based delivery, GPS load monitoring and fitness testing with our women’s first team players. We are looking for a candidate who is highly motivated and passionate about working with and developing female players. In addition, we are seeking someone who can develop good working relationships with a variety of groups including fellow practitioners, coaches, and players. The successful candidate will be joining a team of forward thinking and ambitious staff who are dedicated to creating an inclusive and supportive working environment.

#### ***Key Responsibilities***

- Design and deliver on-pitch warmups during training and matchdays.
- Design and deliver gym-based training sessions.
- Design and deliver speed, agility, plyometric & conditioning sessions.
- Provide matchday support for all fixtures (home and away).
- Contribute to the rehabilitation of injured players and work collaboratively with the Women’s First Team Physiotherapist to progress injured players through a structured return to play process.
- Liaise with members of the club’s performance department and the women’s first-team manager, as appropriate, to assess players’ health status and contribute to informed professional decision-making on players’ fitness and readiness to train and play.
- Lead on the design and delivery of fitness testing of women’s first-team players throughout each season.
- Facilitate and proactively contribute to applied research projects as directed by the Head of Performance.
- Any other reasonable activities requested.

### **Qualifications**

- Undergraduate degree in sport science or related discipline (E)
- UKSCA accredited (or ability to apply within a period of 6 months) (E)
- BASES accredited (or working towards via supervised experience pathway) (D)
- ISAK level 1 accredited (D)

### **Experience**

- Previous experience providing sport science support services to athletic populations, preferably within a professional football club.

### **Personal Skills**

- Commitment to professional development.
- Conscientious and committed to attention to detail.
- Excellent communication skills in the written and spoken word.
- Excellent information technology skills.
- Critical thinking and analytical mind set.
- Strong character able to operate within a high-pressure working environment and put forward their point of view.
- Honesty and openness and an approachable demeanor.

**How to apply:** If you meet the job role criteria and would like to apply, please send a Covering letter and CV to Shannon Emerson, HR Advisor - [Recruitment@homplc.co.uk](mailto:Recruitment@homplc.co.uk) by close of play on the 15 July 2022.

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