



Professional Football (Performance) Vacancy

Job Title	Part-time Performance Psychologist
Department	Professional Football Department (Performance)
Location	Edinburgh - Heart of Midlothian Training Ground (Oriam, Scotland's Sports Performance Centre)
Salary & Hours	£12,000 pro-rata per annum (£30,000 FTE per annum) for <u>15 hours per week</u> , plus excellent staff benefits
Position	Part-time (including evenings and weekends)
Closing Date	10 July 2022
Reporting to	Head of Performance

Heart of Midlothian Football Club is a Premiership Scottish Professional Football Club based in Edinburgh with Elite Academy Status. The Football Club has an opening for a Performance Psychologist to join the team. The Performance Psychologist will work directly with our players (men's and women's first teams) to assess their psychological needs, educate them about how they can maximise their health and performance through appropriate preparation, and liaise with performance and coaching staff to develop plans that support these goals.

We are looking for an experienced candidate who is highly motivated and passionate about working within a multidisciplinary team focused on providing the best support possible to our players. The successful candidate will be joining a team of forward thinking and ambitious staff who are dedicated to creating an inclusive and supportive working environment.

We envision the successful candidate will be present on-site at the training ground two days per week to interact in-person with players and staff.

Key Responsibilities:

- Work with identified players on a 1-to-1 basis to support their psychological preparation and health. This may take the form of weekly face to face consultations, remote advice via WhatsApp and/or phone calls.
- Design and deliver small group workshops on relevant sport psychology topics to both players and staff.
- Work collaboratively with other members of the performance department including doctors, sport scientists, physiotherapists, nutritionists, and other specialists, as required.
- Acknowledge the scope and limits of your practice and understand when to refer potential clinical issues to club doctors.

- Develop and maintain outstanding relationships and communication pathways with players, coaches, and members of the multidisciplinary team.
- Facilitate and proactively contribute to applied research projects as directed by the Head of Performance.

Qualifications:

- Undergraduate degree in Psychology or equivalent (E)
- HCPC registered Practitioner Psychologist (E)
- BASES Sport and Exercise Psychology Accreditation Route (SEPAR) accredited (D)
- Postgraduate qualification in Sport Psychology (D)

Experience:

- Previous experience of providing psychology support services within a full-time professional team sport environment.

Personal Skills:

- Commitment to professional development.
- Conscientious and committed to attention to detail.
- Excellent communication skills in the written and spoken word.
- Excellent information technology skills.
- Critical thinking and analytical mind set.
- Strong character able to operate within a high-pressure working environment and put forward their point of view.
- Honesty and openness and an approachable demeanor.

How to apply: If you meet the job role criteria and would like to apply, please send a Covering letter and CV to Shannon Emerson, HR Advisor - Recruitment@homplc.co.uk by close of play on the 10 July 2022.

HEART OF MIDLOTHIAN FOOTBALL CLUB IS AN EQUAL OPPORTUNITIES EMPLOYER AND FULLY COMMITTED TO THE SAFEGUARDING AND WELFARE OF VULNERABLE GROUPS. HEART OF MIDLOTHIAN IS A LIVING WAGE ACCREDITED COMPANY.